

Årets bedste udendørs resultater 2024

De markeret med gult + W eller stopur tider

Piger/Kvinder

opdateret d. 1.05.2024

Højdespring

| | | | | |
|-------|-----------------------------|-----|-------|--------|
| 1,61m | Mariana Rojas -1994 (ARG) | K29 | 28.04 | Tårnby |
| 1,44m | Anna Sættrup Dinensen -2009 | P14 | 28.04 | Tårnby |

Stangspring

| | | | | |
|-------|---------------|-----|-------|--------|
| 3,50m | Ida Jespersen | P15 | 28.04 | Tårnby |
|-------|---------------|-----|-------|--------|

Kuglestød 3 kg

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|--------|-------------------------------|-----|-------|----------|
| 10,65m | Annika Hedelund Nielsen -2008 | P16 | 30.04 | Ballerup |
| 7,37m | Ulla Vadstrup Nielsen -1951 | K70 | 30.04 | Ballerup |

Kuglestød 4 kg

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|--------|----------------------------|-----|-------|----------|
| 11,44m | Rebecca Spiegelhauer -2002 | P22 | 17.03 | Ballerup |
| 9,61m | Rebecca Jensen -2000 | K24 | 30.04 | Ballerup |
| 9,12m | Magaret Darkwa -2002 | P22 | 30.04 | Ballerup |

Diskoskast 1kg

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|--------|-------------------------------|-----|-------|----------|
| 31,08m | Rebecca Jensen -2000 | K24 | 30.04 | Ballerup |
| 25,68m | Annika Hedelund Nielsen -2008 | P16 | 13.07 | Ballerup |
| 22,69m | Magaret Darkwa -2002 | P22 | 30.04 | Ballerup |
| 16,58m | Ulla Vadstrup Nielsen -1951 | K70 | 25.04 | Glostrup |

Hammerkast 3. kg

| | | | | | |
|--------|-------------------------------|-----|-------|----------|---------------|
| 48,34m | Annika Hedelund Nielsen -2008 | P16 | 30.04 | Ballerup | Klubre |
| 24,10m | Ulla Vadstrup Nielsen -1951 | K70 | 25.04 | Glostrup | |

Hammerkast 4 kg.

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|--------|----------------------------|-----|-------|----------|
| 46,37m | Rebecca Spiegelhauer -2002 | P22 | 30.04 | Ballerup |
|--------|----------------------------|-----|-------|----------|

Vægtkast 5,45 kg

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|--------|------------------------------------|-----|-------|----------|
| 10,20m | Ulla Vadstrup Nielsen -1951 | K70 | 30.04 | Ballerup |
|--------|------------------------------------|-----|-------|----------|

Vægtkast 7,26 kg

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|--------|-------------------------------|-----|-------|----------|---------------|
| 13,93m | Annika Hedelund Nielsen -2008 | P16 | 30.04 | Ballerup | Klubre |
|--------|-------------------------------|-----|-------|----------|---------------|

Vægtkast 9,08 kg

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|--------|----------------------------|-----|-------|----------|
| 12,39m | Rebecca Spiegelhauer -2002 | P22 | 30.04 | Ballerup |
| | Rebecca Jensen -2000 | P23 | | |