

KLUBREKORDER 2023 piger/damer**Piger 7 år**

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|--------------|------------------------------|-----|-----------|------|
| 40 m | Cecilie Gedsø Færge, 03 | 0,0 | 7,45 s | 2010 |
| 60 m | Laura Voss Jensen, 94 | | 11,1 s | 2001 |
| 80 m | Amalie G Færge, 2009 | | 15,80 s | 2016 |
| 200 m | Laura Voss Jensen, 94 | | 42,9 s | 2001 |
| 300 m | Helena Ring, 2002 | | 67,27 s | 2009 |
| 400 m | Amalie G Færge, 2009 | | 1,35,58 m | 2016 |
| 600 m | Cecilie Gedsø Færge, 03 | | 2.48,41 m | 2010 |
| 800 m | Helena Ring, 2002 | | 3.42,20 m | 2009 |
| 1000m | Helena Ring, 02 | | 4.59,59 m | 2008 |
| 800m kapgang | Helena Matz, 2002 | | 5,21,36 m | 2009 |
| 4X60 m | | | 52,49 s | 2009 |
| Længde (z) | Katrine Jacobsen, 99 | | 2,99 m | 2006 |
| Højde | Katrine Jacobsen, 99 | | 0,95 m | 2005 |
| Kugle | Laura Voss Jensen, 94 (1.kg) | | 3,97 m | 2001 |
| Kugle | Helena Matz, 2002 (2.kg) | | 3,26 m | 2009 |
| Diskos | Kamilla L Jensen, 93 (750g) | | 5,87 m | 2000 |
| Bold | Carina B Nielsen, 96 (145g) | | 15,86 m | 2003 |

Piger 8 år

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|--------------|----------------------------|------|-----------|------|
| 40 m | Cecilie Gedsø Færge -2003 | 1,5 | 7,10 s | 2011 |
| 60 m | Cecilie Gedsø Færge -2003 | 1,4 | 10,43 s | 2011 |
| 80 m | Cecilie Gedsø Færge -2003 | -2,1 | 14,21 s | 2011 |
| 100 m | Cecilie Gedsø Færge -2003 | -2,4 | 17,86 s | 2011 |
| 200 m | Katrine Jacobsen, 99 | | 38,62 s | 2007 |
| 300 m | Therese Lauesen, 89 | | 67,7 s | 1997 |
| 400 m | Cecilie Gedsø Færge -2003 | | 1,23,82 s | 2011 |
| 600 m | Laura Voss Jensen, 94 | | 2.26,44 m | 2002 |
| 800 m | Cecillie Gedsø Færge -2003 | | 3.38,66 m | 2011 |
| 60 m hæk | Therese Lauesen, 89 | | 15,8 s | 1997 |
| 800m Kapgang | Amalie Pfeiffer, 2001 | | 6,12,30 m | 2009 |
| 4X60m | Sofie-Amalie Ranners, 03 | | | |
| | Helena Ring, 02 | | | |
| | Helena Matz, 02 | | | |
| | Rebecca Nielsen, 2000 | | 54,50 s | 2008 |
| Længde (z) | Caroline Vammen, 2008 | 0,6 | 3,45 m | 2012 |

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|-------|------------------------------|--|---------|------|
| Højde | Laura Voss Jensen, 94 | | 0,75 m | 2002 |
| Kugle | Christina Holm, 88 (1.kg) | | 4,51 m | 1996 |
| | Katrine Jacobsen, 99 (2 kg) | | 6,64 m | 2007 |
| Bold | Caroline Vammen, 2008 (145g) | | 26,01 m | 2012 |

Piger -9 år

| | | | | |
|---------------|-------------------------------|------|-----------|------|
| 40 m | Cecilie G Færge, 2003 | 0,0 | 6,82 s | 2012 |
| 60 m | Caroline Vammen, 2004 | 1,8 | 9,51s | 2013 |
| 80 m | Caroline Vammen, 2004 | 0 | 12,95 s | 2013 |
| 100 m | Mette Mikkelsen, 70 | | 16,9 s | 1979 |
| | Susie Spiegelhauer, 70 | | 16,9 s | 1979 |
| | Christina L. Jelsgaard, 84 | | 16,9 s | 1993 |
| | Caroline Vammen, 2004 | -1,2 | 32,98s | 2013 |
| 200 m | Christina Holm,88 | | 60,2 s | 1997 |
| 300 m | Caroline Vammen, 2004 | | 76,46 s | 2013 |
| 400 m | Laura V Jensen, 94 | | 2,08,77 m | 2003 |
| 600 m | Annette Dworak, 66 | | 2,53,9 m | 1975 |
| 800 m | Kamilla Jensen, 93 | | 4,05,7 m | 2002 |
| 1000 m | Christina L. Jelsgaard, 84 | | 13,2 s | 1993 |
| 60 m hæk | Amalie Pfeiffer, 01 | | 3.01,42 m | 2010 |
| 400m kapgang | Svea Wolfram, 01 | | 6.12,72m | 2010 |
| 800m kapgang | Anna Clara Foltmar -2008 | | 31,80s | 2017 |
| | Annika Hedelund Nielsen -2008 | | | |
| | Clara Vistisen Norquist -2008 | | | |
| | Ida Henningsen -2008 | | | |
| 4 X 60 meter | Rikke Reuther, 2009 | | 45,20 s | 2016 |
| | Frederikke Lundberg, 2007 | | | |
| | Sahra J Eskildsen, 2007 | | | |
| | Anna T Boesen, 2007 | | | |
| 4 x 200 m | Anna Toft Boesen, 2007 | | 2.52,72m | 2015 |
| | Benedicte Lentz, 2006 | | | |
| | Cecilie H Hennveld, 2006 | | | |
| | Filippa mHansen. 2006 | | | |
| 1000 m stafet | Filippa Hansen, 2006 | | 3,38,78 m | 2015 |
| | Anna T Boesen, 2007 | | | |
| | Katrine Harlev, 2007 | | | |
| | Benedicte Lens, 2006 | | | |
| Længde (z) | Caroline Vammen, 2004 | -0,8 | 3,91 m | 2013 |
| Længde (pl) | Birgitte Vedel, 69 | | 3,13 m | 1978 |
| Højde | Jane Rasmussen, 70 | | 1,15 m | 1979 |
| Kugle | Caroline Vammen, 2004 (2,0kg) | | 6,78 m | 2013 |
| Diskos | Birgitte Vedel, 69 (1,0kg) | | 10,14 m | 1978 |
| Spyd | Mette Mikkelsen, 70 (400g) | | 7,79 m | 1979 |

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|------|------------------------------|--|---------|------|
| Bold | Caroline Vammen, 2004 (145g) | | 34,25 m | 2013 |
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Piger 10 år

| | | | | |
|--------------|------------------------------|------|-----------|------|
| 40 m | Cecilie Christophersen, 2005 | -0,7 | 7,40s | 2015 |
| 60 m | Ashley Gnanogoh, 2005 | 2,0 | 9,04s | 2015 |
| 80 m | Cecilie G Færge, 2003 | 0,2 | 12,42s | 2013 |
| 100 m | Caroline Vammen, 2004 | 1,3 | 15,36s | 2014 |
| 200 m | Ashley Gnanogoh, 2005 | 1,5 | 31,17s | 1915 |
| 300 m | Annika Lauesen, 86 | | 53,2 s | 1996 |
| 400 m | Jette Simonsen, 66 | | 72,2 s | 1976 |
| 600 m | Ida Voss Jensen, 91 | | 1.59,76 m | 2001 |
| 800 m | Annika Olesen, 2005 | | 2.49,04 m | 2015 |
| 1000 m | Annette Dworak, 66 | | 3,43,2 m | 1976 |
| 1500 m | Annette Dworak, 66 | | 6,03,3 m | 1976 |
| 60 m hæk | Ida Voss Jensen, 91 | | 12,0 s | 2001 |
| 3 km L | Filippa Roug, 2003 | | 14,45 m | 2015 |
| 600m kapgang | Rebecca Nielsen, 2000 | | 4,24,22 m | 2011 |
| 800m Kapgang | Amalie Pfeiffer, 2001 | | 5.56,90 m | 2011 |
| 4x60 m | Maria Harman-Kofoed, 2003 | | | |
| | Laura H Olsen, 2003 | | | |
| | Cecilie G Færge, 2003 | | | |
| | Sarah Vrijberger, 2003 | | 40,23s | 2013 |
| 4x200m | Agnete Zornhagen, 2006 | | | |
| | Selma P Lassen 2006 | | | |
| | Marie Zornhagen, 2006 | | | |
| | Hannah Elsted, 2006 | | 2.21,14 m | 2016 |
| 1000m st | Rebecca Spigelhauer, 2002- | | | |
| | Freja Stenalt, 2002- | | | |
| | Klara Skriver Lossi, 2002- | | | |
| | Helena B Matz, 2002 | | 3.17,38 m | 2012 |
| Længde (z) | Caroline Vammen, 2004 | 0,0 | 4,18 m | 2014 |
| Længde (pl) | Marianne Nord, 63 | | 3,64 m | 1973 |
| Højde | Cecilie G Færge, 2003 | | 1,24 m | 2013 |
| Kugle | Caroline Vammen, 2004 (2 kg) | | 6,44 m | 2014 |
| | Birgitte Vedel, 69 (3,0 kg) | | 4,96 m | 1979 |
| Diskos | Caroline Vammen, 2004 | | 16,05m | 2014 |
| | Annette Dworak, 66 (1,0kg) | | 11,58 m | 1976 |
| Spyd | Caroline Vammen, 2004 (400g) | | 17,24 m | 2014 |
| | Jette Simonsen, 66 (600g) | | 12,27 m | 1976 |
| Bold | Caroline Vammen, 2004 (145g) | | 42,62 m | 2014 |
| 3-kamp | Laura R Andersen, 92 | | 2367 p | 2002 |
| | 60-læ-bold | | | |
| | 9,3-4,00-23,85. | | | |

Piger 11 år

| | | | | |
|----------------|---|------|------------|------|
| 60m | Ashley Gnanogoh, 2005 | -0,3 | 8,91 s | 2016 |
| 80 m | Caroline Vammen, 2004 | 0,0 | 11,82 s | 2015 |
| 100 m | Cecilie G Færge, 2003 | 1,3 | 14,58 | 2014 |
| 200 m | Caroline Vammen, 2004 | 1,7 | 29,31 s | 2015 |
| 300 m | Caroline Vammen, 2004 | | 49,55 s | 2015 |
| 400 m | Majken Lützen, 2003 | | 65,83 s | 2014 |
| 600 m | Majken Lützen, 2003 | | 1.47,18 m | 2014 |
| 800 m | Annette Dworak, 66 | | 2,37,1 m | 1977 |
| 1000 m | Annette Dworak, 66 | | 3,21,1 m | 1977 |
| 1500 m | Annette Dworak, 66 | | 5,28,0 m | 1977 |
| 1 mile (1609m) | Mathilde G Rasmussen, 2003 | | 6.28,58 m | 2014 |
| 60 m hæk | Ida Voss Jensen, 91 | | 11,68 s | 2002 |
| 600 m kapgang | Amalie Pfeiffer, 2001 | | 4.02,48 m | 2012 |
| 800 m kapgang | Victoria S. Jørgensen, 2000 | | 5.31,02 m | 2011 |
| 1000m kapgang | Victoria S. Jørgensen, 2000 | | 6.16,96 m | 2012 |
| 1 km kapgang L | Victoria S. Jørgensen, 2000 | | 12,28 m | 2011 |
| 2 km kapgang L | Victoria S. Jørgensen, 2000 | | 14,31 m | 2011 |
| 4x60 m | Majken Lützen -2003 Caroline Vammen -2004 Mathilde G Rasmussen -2003 Cecilie Gedsø Færge -2003 | | 36,18s | 2014 |
| 4x80 m | Stine Simonsen, 92- Mette B Helmig, 92- Laura R Andersen, 92- Ida Voss Jensen, 91 | | 63,0 s | 2002 |
| 4x100 m | Belinda Lauesen, 89- Maria Noppenau, 88- Christina Holm, 88- Rikke Poulsen, 88 | | 56,3 s | 1999 |
| 4x200 m | Sarah Jansteen Eskensen -2007 Dagmar Mathilde Løfberg -2007 Maja Auerbach-Lind -2007 Frederikke Lundberg -2007 | | 2.14,13m | 2018 |
| 1000 m stafet | Ashley Gnanogoh, 2005 Emma Harlev, 2005 Nanna Grubert, 2004 Caroline Vammem, 2004 | | 3.10,84 m | 2015 |
| 4x800 m | Rikke Poulsen, 88- Theresa Lauesen, 89- Belinda Lauesen, 89- Rikke Poulsen, 88 | | 13,38,85 m | 1999 |

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|---------------|-------------------------------|------|---------|------|
| Længde (z) | Caroline Vammem, 2004 | -2,2 | 4,54 m | 2015 |
| Længde (pl) | Jette Simonsen, 66 | | 3,81 m | 1977 |
| Højde | Susanne Vedel, 63 | | 1,35 m | 1974 |
| Trespring (z) | Karen B. Mortensen, 82 | | 7,72 m | 1993 |
| Kugle | Caroline Vammem, 2004 (2 kg) | | 9,16 m | 2015 |
| | Gitte Christensen, 76 (3,0kg) | | 6,15 m | 1987 |
| Diskos | Gitte Jensen, 66 (1,0kg) | | 15,78 m | 1977 |
| Spyd | Ida Voss Jensen, 91 | | 18,89 m | 2002 |
| | Susanne Vedel, 63 (600g) | | 17,87 m | 1974 |
| Bold | Caroline Vammen, 2004 | | 45,48 m | 2015 |
| Kaste-3k | Henriette Weywadt, 69 | | 1672 p | 1980 |
| 3-kamp | Caroline Vammem, 2004 | | 3194 p | 2015 |
| 60-læ-bold | 9,20-4,49-8,18 | | | |
| 6-kamp | Susie Spiegelhauer, 70 | | 3529 p | 1981 |
| 8-kamp | Maj-Britt Svendsen, 67 | | 3552 p | 1978 |

Piger 12 år

| | | | | |
|----------------|----------------------------|------|-----------|------|
| 60 m | Ashley Gnanogoh -2005 | 1,4 | 8,44s | 2017 |
| 80 m | Cecilie G Færge, 2003 | 2,0 | 11,19 s | 2015 |
| 100 m | Helle Sørensen, 65 | | 13,5 s | 1977 |
| 200 m | Cecilie G Færge, 2003 | -0,3 | 28,16s | 2015 |
| 300 m | Majken Lützen, 2003 | | 45,46s | 2015 |
| 400 m | Majken Lützen, 2003 | | 63,47s | 2015 |
| 600 m | Majken Lützen, 2003 | | 1.43,07 m | 2015 |
| 800 m | Majken Lützen, 2003 | | 2.29,67 m | 2015 |
| 1000 m | Majken Lützen, 2003 | | 3.12,28 m | 2015 |
| 1500 m | Majken Lützen, 2003 | | 5.03,23 m | 2015 |
| 1 mile (1609m) | Majken Lützen, 2003 | | 5.39,78 m | 2015 |
| 2000 m | Annette Otterdahl, 70 | | 7.44,5 m | 1982 |
| 3000 m | Camilla Jakobsen, 71 | | 11.16,8 m | 1983 |
| 5 km L | Majken Lützen, 2003 | | 19,48 m | 2015 |
| 10 km L | Camilla Jakobsen, 71 | | 40,04 m | 1983 |
| 60 m hæk | Klara Loessl, 2002 | -0,1 | 10,74 s | 2014 |
| 1000m kapgang | Victoria S Jørgensen, 2000 | | 6.16,96 m | 2012 |
| 4X80 m | Caroline Vammen, 2003 | | | |
| | Alma Søtrup, 2003 | | | |
| | Mathilde G Rasmussen, 2003 | | | |
| | Majken Lützen, 2003 | | 47,44s | 2015 |
| 4x100 m | Marianne Lose, 65- | | | |
| | Helle Sørelsen, 65- | | | |
| | Jette Simonsen, 66- | | | |
| | Annette Dworak, 66 | | 57,9 s | 1977 |
| | Betina Dahl, 66- | | | |

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|--------------|--|------|-----------|------|
| 4x200 m | Jette Simonsen, 66- Annette Dworak, 66- Maj-Britt Svendsen, 67 | | 57,9 s | 1978 |
| 4x400 m | Marianne Lose, 65- Helle Sørensen, 65- Jette Simonsen, 66- Annette Dworak, 66 | | 2,01,5 m | 1977 |
| 4x800 m | Annette Dworak, 66- Jette Simonsen, 66- Helle Sørensen, 65- Marianne Lose, 65 | | 4,44,8 m | 1977 |
| 1000 m | Maj-Britt Svendsen, 67- Gitte Jensen, 66- Betina Dahl, 66- Annette Dworak, 66 | | 11,11,5m | 1978 |
| 4x400 m | Christina Holm, 88- Michelle Riberholdt, 88 Rikke Poulsen, 88- Maria Noppenau, 88 | | 3,08,0 m | 2000 |
| 4x800 m | Annette Dworak, 66- Jette Simonsen, 66 Helle Sørensen, 65- Marianne Lose, 65 | | 4,44,8 m | 1977 |
| Længde (z) | Maj-Britt Svendsen, 67- Gitte Jensen, 66- Betina Dahl, 66- Annette Dworak, 66 | | 11,11,5 m | 1978 |
| Længde (pl) | Caroline Vammen, 2004 | 1,0 | 4,95 m | 2016 |
| 3-spring (z) | Cecilie G Færge, 2003 | 1,1 | 4,50 m | 2015 |
| Stang | Caroline Vammen, 2004 | -0,9 | 9,63 m | 2016 |
| Højde | Klara Loessl, 2002 | | 2,15 m | 2014 |
| Kugle | Caroline Vammen, 2004 | | 1,43 m | 2016 |
| Diskos | Anna Søtrup -2009 | | 1,43 m | 2022 |
| Spyd | Amalie Pfeiffer, 2001 (2kg) | | 10,90m | 2013 |
| Hammer | Birgitte Vedel, 69(3,0 kg) | | 8,09 m | 1981 |
| Bold | Amalie Pfeiffer, 2001 | | 24,77m | 2013 |
| Kaste-3k | Jette Simonsen, 66 (1,0kg) | | 20,76 m | 1978 |
| 5-kamp | Amalie Pfeiffer, 2001 (400g) | | 27,88m | 2013 |
| | Caroline Vammen, 2004 | | 25,44m | 2016 |
| | Henriette Weywadt, 69(600g) | | 20,96 m | 1981 |
| | Rebecca Spiegelhauer, 2002 | | 21,92 m | 2014 |
| | Maria L Jensen, 90 (145g) | | 47,01 m | 2002 |
| | Birgitte Vedel, 69 | | 2219 p | 1981 |
| | Frederikke Mortensen, 98 | | 2901 p | 2010 |

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|--------------|------------------------------------|--|--------|------|
| | 60h-ku-læ-sp-600m | | | |
| | 13,06-7,05-3,90-21,74-1.55,96 | | | |
| 6kamp (spyd) | Henriette Weywadt, 69 | | 4565 p | 1981 |
| 6kamp (bold) | Maria L Jensen, 90 | | 3969 p | 2002 |
| | (11,1-23,32-4,30-1,20-7,86-2,01,0) | | | |

Piger 13 år

| | | | | |
|---------------|--|------|------------|------|
| 60 m | Ashley Gnanogoh -2005 | 1,5 | 8,07 s | 2018 |
| 80 m | Ashley Gnanogoh -2005 | 0,9 | 10,56 s | 2018 |
| 100 m | Caroline Wammen-2004 | 0,3 | 13,35 s | 2017 |
| 200 m | Ashley Gnanogoh -2005 | -1,9 | 26,85 s | 2018 |
| 300 m | Caroline Vammen -2004 | | 44,20 s | 2017 |
| 400 m | Helle Mortensen, 60 | | 62,5 s | 1973 |
| 600 m | Majken Lützen, 2003 | | 1.39,11 m | 2016 |
| 800 m | Majken Lützen, 2003 | | 2.18,94 m | 2016 |
| 1000 m | Majken Lützen, 2003 | | 3.07,90 m | 2016 |
| 1500 m | Camilla Jakobsen, 71 | | 4,48,16 m | 1984 |
| 1 Mile | Annette Otterdahl, 70 | | 5,49,8 m | 1983 |
| 2000 m | Lisa Larsen, 69 | | 7,44,3 m | 1982 |
| 3000 m | Camilla Jakobsen, 71 | | 10,31,29 m | 1984 |
| 5000 m | Camilla Jakobsen, 71 | | 19,42,0 m | 1984 |
| 10000 m | Annette Otterdahl, 70 | | 44,23,2 m | 1983 |
| 5 km L | Cecilie Christensen, 92 | | 21,26 m | 2005 |
| 10 km L | Camilla Jakobsen, 71 | | 39,40 m | 1984 |
| 60 m hæk | Klara LS Loessl, 2002 (76,2cm) | 1,5 | 9,83 s | 2015 |
| 80 m hæk | Klara LS Loessl, 2002 (76,2cm) | -2,0 | 13,28 s | 2015 |
| 300 m hæk | Mathilde Riis, 99 | | 52,45 s | 2014 |
| 400 m hæk | Pernille Schneider, 89 | | 82,2 s | 2002 |
| 800m Kapgang | Caroline Bach, 96 | | 5.18,61 m | 2009 |
| 1000m kapgang | Rebecca Nielsen, 2000 | | 5.41,97m | 2013 |
| 2000m kapgang | Ida K Jensen, 2002 | | 16.42,9 m | 2015 |
| 4x60 m | Christina Engmark, 80- Pia Bech, 80- Louise K. Højland, 80- Dorthe Rasmussen, 80 | | 34,3 s | 1993 |
| 4x80 m | Nanna Grubert -2004 Caroline Vammen -2004 Majken Lützen -2003 Cecilie G Færge -2003 | | 43,62 s | 2016 |
| 4x100 m | Christina Engmark, 80- Pia Bech, 80- Dorthe Rasmussen, 80- Louise K. Højland, 80 | | 55,9 s | 1993 |

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|---------------|---|-----|-------------------------------|----------------------|
| 4x200 m | Nanna Grubert, 2004 Majken Lützen, 2003 Caroline Vammen, 2004 Cecilie Gedsø Færge, 2003 | | 1.56,63 m | 2016 |
| 1000 m stafet | Rebecca Spiegelhauer, 2002 Cecilie G Færge, 2003 Klara S Lossl, 2002 Majken Lützen, 2003 | | 2.37,48 m | 2015 |
| Længde (z) | Caroline Vammen -2004 | 1,8 | 5,23m | 2017 |
| Længde (pl) | Caroline Vammen -2004 | 0,3 | 5,08m | 2017 |
| Højde | Caroline Vammen -2004 | | 1,53 m | 2017 |
| 3-spring (z) | Laura Andersen, 92 | | 9,13 m | 2005 |
| Stang | Klara S Loessl, 2002 | | 2,61 m | 2015 |
| Kugle | Amalie Pfeiffer, 2001 (2kg) Ashley Gnanogoh -2005 (3kg) Marianne Lose, 65 (4,0kg) | | 12,30 m 10,71 m 9,26 m | 2014 2018 1978 |
| Diskos | Amalie Pfeiffer, 2001 (0,75kg) Marianne Lose, 65 (1,0kg) | | 29,08 m 24,37 m | 2014 1978 |
| Spyd | Amalie Pfeiffer, 2001 (400g) Victoria Jøærgensen, 2000 (500g) Marianne Lose, 65 (600g) | | 30,20 m 16,94 m 26,76 m | 2014 2013 1978 |
| Hammer | Annika Hedelund Nielsen -2008 Rebecca Nielsen, 2000 (3.0kg) Ditte Brunsgård, 90 (4,0kg) | | 30,96 m 24,26 m 22,60 m | 2021 2013 2003 |
| Bold | Maria L Jensen, 90 (145g) | | 51,91 m | 2003 |
| 3-Kamp | Tine Harlev,82 | | 1812 p | 1995 |
| 80-læ-ku | 11,7-4,48-9,03 | | | |
| 5-kamp | Ashley Gnanogoh -2005 60h-ku-læ-sp-600 10,83-11,29-4,656-24,49-2.05,64 | | 3916 p | 2018 |
| 6-kamp | Laura Andersen, 92 11,94s-8,04m-1,21m-4,51m-21,35m-2.06,90m | | 3872 p | 2005 |
| Kaste 3-kamp | Amalie Pfeiffer, 2001 Ku-di-spyd - 2kg,750g-400g 11,96-30,50-29,47 | | 2651 p | 2014 |
| kaste 4-kamp | Rebecca Nielsen, 2000 ha-ku-di-sp 23,92-8,14-15,73-11,23 | | 1899 p | 2013 |

Piger 14 år

| | | | | |
|-------|---------------------------|-----|---------|------|
| 60m | Selma Bertram -2004 | | 8,45s | 2017 |
| 80 m | Cecilie Gedsø Færge, 2003 | | 10,55 s | 2017 |
| 100 m | Ashley Gnanogoh -2005 | 1,7 | 12,80 s | 2019 |

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|-------------------|--|-----|------------|------|
| 200 m | Sarah Jansteen Eskesen -2007 | 1,9 | 26,03 s | 2021 |
| 300 m | Cecilie Gedsø Færge, 2003 | | 42,69 s | 2017 |
| 400 m | Majken Lützen, 2003 | | 59,83 s | 2017 |
| 600 m | Pernille Schneider, 89 | | 1,53,14 m | 2003 |
| 800 m | Majken Lützen, 2003 | | 2.14,02 m | 2017 |
| 1000 m | Trine Sierslev, 79 | | 3,32,91 m | 1993 |
| 1500 m | Camilla Jakobsen, 71 | | 4,50,5 m | 1985 |
| Mile | Regitze Slatanach, 72 | | 5,20,4 m | 1986 |
| 2000 m | Rikke Mogensen, 71 | | 6,52,7 m | 1985 |
| 3000 m | Rikke Mogensen, 71 | | 10,27,3 m | 1985 |
| 5000 m | Rikke Mogensen, 71 | | 19,29,9 m | 1985 |
| 2000m forhindring | Mathilde Grønlund Rasmussen -2003 | | 8.10,72 m | 2017 |
| 10 km L | Camilla Jakobsen, 71 | | 38,11 m | 1985 |
| 80 m hæk | Ashley Gnanogoh -2005 (hæg 76,2 cm) | 0,1 | 12,17 s | 2019 |
| 100 m hæk | Ashley Gnanogoh -2005 (hæk 84,0 cm) | | 17,17 s | 2019 |
| 300 m hæk | Helena Matz, 2002 | | 55,85 s | 2016 |
| 400 m hæk | Pernille Schneider, 89 | | 79,4 s | 2003 |
| 800m kapgang | Regina J Larsen, 95 | | 5.35,62 m | 2009 |
| 1000m kapgang | Mette-Marie Jensen, 2001 | | 6.01,60 m | 2015 |
| 2000m kapgang | Rebecca H. Nielsen, 2000 | | 12.37,6 m | 2014 |
| 3000m kapgang | Rebecca H. Nielsen, 2000 | | 18.36,23 m | 2014 |
| 5000m kapgang | Rebecca H. Nielsen, 2000 | | 36.18,7 m | 2014 |
| 3 km kapgang L | Mette-Marie Jensen, 2001 | | 24,19 m | 2015 |
| 5 km kapgang L. | Rebecca H. Nielsen, 2000 | | 32,47 m | 2014 |
| 4x100 m | Helle Sørensen, 65- Jette Simonsen, 66- Marianne Lose, 65- Thea Rasmussen, 66 | | 52,54 s | 1979 |
| 4x200 m | Helle Sørensen, 65- Naomi Elkington, 64- Marianne Lose, 65- Anne Gregersen, 65 | | 1,59,1 m | 1978 |
| 4x400 m | Regitze Slatanach, 72- Camilla Jakobsen, 71- Jane Nielsen, 71- Rikke Mogensen, 71 | | 4,27,9 m | 1985 |
| 4x800 m | Helle Sørensen, 65- Betina Dahl, 66- Annette Dworak, 66- Marianne Lose, 65 | | 10,35,8m | 1979 |
| 1000 m stafet | Betina Dahl, 66- Annette Dworak, 66- Jette Simonsen, 66- Maj-Britt Svendsen, 67 | | 2,35,5 m | 1980 |

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|---------------|------------------------------------|-----|---------|------|
| Længde (z) | Louise K. Højland, 80 | | 5,08 m | 1994 |
| Længde (pl) | Caroline Vammen -2004 | 0,8 | 5,59 m | 2018 |
| Højde | Caroline Vammen -2004 | | 1,65 m | 2018 |
| Stang | Klara Loessl, 2002 | | 2,90 m | 2016 |
| | Lærke Elgaard Larsen -2005 | | 2,90 m | 2019 |
| 3-spring (z) | Caroline Vammen -2004 | 1,1 | 11,45m | 2018 |
| 3-spring (pl) | Caroline Vammen -2004 | 1,1 | 11,45m | 2018 |
| Kugle | Amalie Pfeiffer, 2001 (3,0kg) | | 11,74 m | 2015 |
| | Marianne Lose, 65 (4,0kg) | | 10,91m | 1979 |
| Diskos | Amalie Pfeiffer, 2001 (3,0kg) | | 11,74 m | 2015 |
| | Marianne Lose, 65 (4,0kg) | | 10,91m | 1979 |
| Spyd | Caroline Vammen - 2004 (500g) | | 29,19 m | 2018 |
| | Tine Tofteng, 66 (600g) | | 32,85 m | 1980 |
| Hammer | Rebecca H Nielsen (3,0kg) | | 36,64 m | 2015 |
| Vægtkast | Rebecca H. Nielsen, 2000 (5,45 kg) | | 11,83 m | 2014 |
| | Rebecca H. Nielsen, 2000 (7,26 kg) | | 8,04 m | 2014 |
| Kaste-3 kamp | Jette Simonsen, 66 | | 1834 p | 1980 |
| | Ku 3kg-di 1kg-sp 600g | | | |
| Kaste-3 kamp | Maria Noppenau, 88 | | 1402 p | 2003 |
| | Ku 3kg-di 750g-sp 600g | | | |
| | 7,90-24,28-17,10 | | | |
| Kaste- 4 kamp | Amalie Pfeiffer, 2001 | | 1852 p | 2015 |
| | 24,02-10,69-28,94-29,64 | | | |
| 7-kamp | Caroline Vammen -2004 | | 4810 p | 2018 |
| | 80h-hø-ku-200 | | | |
| | 12,76-1,64-9,11-27,12 | | | |
| | læ-sp-800 | | | |
| | 5,19-29,192.35,95 | | | |

Piger 15 år

| | | | | |
|----------------|-----------------------------------|-----|------------|------|
| 80 m | Sarah Jansteen Eskesen - 2007 | 1,2 | 10,31 s | 2022 |
| 100 m | Klara SkriverLoessl, 2002 | 2,0 | 12,63 s | 2017 |
| 200 m | Cecilie Gedsø Færge -2003 | 1,2 | 26,24 s | 2018 |
| 300 m | Sarah Jansteen Eskesen - 2007 | | 42,31 s | 2022 |
| 400 m | Majken Lützen -2003 | | 59,64 s | 2018 |
| 600 m | Natasha Haugsted, 92 | | 1.56,47 m | 2006 |
| 800 m | Majken Lützen -2003 | | 2.16,92 m | 2018 |
| 1000 m | Regitze Slatanach, 72 | | 3.01,7 m | 1987 |
| 1500 m | Rikke Mogensen, 71 | | 4.48,2 m | 1986 |
| 1 mili (1609m) | Annette Otterdahl, 70 | | 5.32,9 m | 1985 |
| 2000 m | Annette Otterdahl, 70 | | 6.53,1 m | 1985 |
| 3000 m | Rikke Mogensen, 71 | | 10,24,26 m | 1986 |
| 5000 m | Mathilde Grønlund Rasmussen -2003 | | 20.11,61 m | 2018 |

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|-------------------|--|------|------------------------------|----------------------|
| 10000 m | Rikke Mogensen, 71 | | 39.42,2 m | 1986 |
| 10 km L | Rikke Mogensen, 71 | | 39.32 m | 1986 |
| 15 km L | Camilla Jakobsen, 71 | | 60.47 m | 1986 |
| Halv Marathon | Cecilie H Christensen, 92 | | 1.35,38 m | 2007 |
| 2000m forhindring | Mathilde Grønlund Rasmussen -2003 | | 8.33,63m | 2018 |
| Kapgang 1000m | Rebecca Nielsen, 2000 | | 5.16,93 m | 2015 |
| kapgang 3000m | Rebecca Nielsen, 2000 | | 18.15,94m | 2015 |
| kapgang 5000m | Rebecca Nielsen, 2000 | | 31.36,5 m | 2015 |
| Kapgang 3 km L | Rebecca Nielsen, 2000 | | 18,42 m | 2015 |
| kapgang 10 km L | Rebecca Nielsen, 2000 | | 68,41 m | 2015 |
| 80 m h | Klara SkriverLoessl, 2002 | -1,7 | 12,19 s | 2017 |
| 100 m h | Klara SkriverLoessl, 2002 | 1,4 | 15,57s s | 2017 |
| 400 m h | Henriette Weywadt, 69 | | 1.22,43 m | 1984 |
| 4x100 m | | | | |
| | | | 50,48s | 2017 |
| 4x200 m | Ida Harlev, 79- Christina Engmark, 80- Louise K. Højland, 80- Berit Holm, 79 | | 1,56,9 m | 1994 |
| 4x400 m | Trine Sierslev, 79- Sanne Andersen, 80- Dorthe Rasmussen, 80- Ida Harlev, 79 | | | |
| 1000m st | Klara Skriver Loessl -2002 Selma Bertram -2003 Cecilie Gedsø Færge - 2003 Majken Lützen -2003 | | 2.23,80 m | 2017 |
| Længde (Z) | Louise K. Højland, 80 | | 5,16 m | 1995 |
| Længde (pl) | Caroline Vammen -2004 | 1,7 | 5,48 m | 2019 |
| 3-spring (Z) | Maria L. Jensen, 90 | | 10,33 m | 2005 |
| 3-spring (pl) | Mette Grubert -2004 | 1,0 | 10,08 m | 2019 |
| Højde | Caroline Vammen - 2004 | | 1,59 m | 2019 |
| Stang | Klara Skriver Loessl -2002 | | 3,30 m | 2017 |
| Kugle | Amalie Pfeiffer, 2001 (3,0kg) Marianne Lose, 65 (4,0kg) | | 12,38 m 10,82 m | 2016 1980 |
| Diskos | Amalie Pfeiffer, 2001 (0,75kg) Marianne Lose, 65 (1,0kg) | | 38,07 m 32,94 m | 2016 1980 |
| Spyd | Maria L. Jensen, 90 (400g) Caroline Vammen -2004 (500g) Maria L. Jensen, 90 (600g) | | 39,71 m 33,70m 39,40 m | 2005 2019 2005 |
| Hammer | Annika Hedelund Nielsen -2008 Rebecca H Nielsen (4,0kg) | | 47,62 m 29,33 m | 2023 2015 |

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|---------------|--|---------|------|
| Vægtkast | Annika Hedelund Nielsen -2008 (5,45 kg) | 16,77 m | 2023 |
| Kaste-3k | Maria L. Jensen, 90 9,96-29,82-35,70 | 2198 p | 2005 |
| Kaste 4- kamp | Annika Hedelund Nielsen -2008 33,11-8,60-23,08-17,50 | 2824 p | 2023 |
| 7-kamp | Maria L. Jensen, 90 14,08-1,37-10,34-28,57- 5,05-39,40-2,43,92 | 4557 p | 2005 |

Piger 16 år

| | | | | |
|----------------|---|--------------|--------------------|--------------|
| 100 m | Klara Skriver Loessl 2002 | 2,0 | 12,29 s | 2018 |
| 200 m | Cecilie Gedsø Færge -2003 Klara Loessl, 2002 | -0,5 -1,2 | 26,39 s 27,67 s | 2019 2016 |
| 300 m | Chistina Engmark,80 | | 49,2 s | 1996 |
| 400 m | Majken Lützen, 2003 | | 58,63 s | 2019 |
| 600 m | Natasha Haugsted, 91 | | 1.49,4 m | 2007 |
| 800 m | Majken Lützen -2003 | | 2.12,72 m | 2019 |
| 1000 m | Camilla Jakobsen, 71 | | 3.04,6 m | 1987 |
| 1500 m | Regitze Slatanach, 72 | | 4.41,0 m | 1988 |
| 1 mile (1609m) | Helle Burlin, 67 | | 5.49,8 m | 1983 |
| 2000 m | Natascha Clauesen, 1999 | | 8.12,41 m | 2015 |
| 3000 m | Camilla Jakobsen, 71 | | 10.20,4 m | 1987 |
| 5000 m | Caroline Rødgaard-Jessen -2002 | | 20.03,53 m | 2018 |
| 2000m forh. | Cecilie H Christensen, 92 | | 8.02,54 m | 2008 |
| 3000m forh. | Cecilie H Christensen, 92 | | 12.25,91 m | 2008 |
| 3000m K | Rebecca Nielsen, 2000 | | 18.11,06 m | 2016 |
| 5000m K | Rebecca Nielsen, 2000 | | 31.14,2 m | 2016 |
| 5 km L | Mia van Wagenen, 1999 | | 20,04 m | 2015 |
| 10 km L | Regitze Slatanach, 72 | | 38.08 m | 1988 |
| 100 m h | Klara Skriver Loessl -2002 76 cm, 12,00-8,00-12,00 | | 14,31s | 2018 |
| 100m h | Klara Skriver Loessl -2002 84 cm, 13,00-8,00-12.00 | | 14,71 s | 2018 |
| 200 m h | Maria L. Jensen, 90 | | 33,89 s | 2006 |
| 300 m h | Ida Harlev,79 | | 52,2 s | 1995 |
| 400 m hæk | Freja K Madsen -2002 | | 1.11,23 s | 2016 |
| 4x100 m | Stine Baastrup Tingbæk -2005 Cecilie Gedsø Færge -2003 Filippa Roug 2005 Ashley Gnanogoh -2005 | | 50,72 s | 2019 |
| 4x200 m | Helle Sørensen, 65- Marianne Lose, 65- Annette Brenaa, 65- Naomi Elkington, 64 | | 1,56,1 m | 1980 |

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|--------------|--|------|--------------------|--------------|
| 4x400 m | Regitze Slatanach, 72- Camilla Jakobsen, 71- Rikke Mogensen, 71- Jane Nielsen, 71 | | 4,18,6 m | 1987 |
| 4x800 m | Annette Otterdahl, 70- Tina Unger, 70- Rikke Mogensen, 71- Jane Nielsen, 71 | | 10,14,4 m | 1986 |
| 4x1500 m | Annette Otterdahl, 70- Camilla Jakobsen, 71- Rikke Mogensen, 70- Jane Nielsen, 71 | | 20,01,6 m | 1986 |
| 1000 m st | Helena Olesen, 99 Frederikke Mortensen, 98 Mathilde Riis, 99 Tessa Strand, 98 | | 2.32,96m | 2014 |
| Længdespring | Cecilie Gedsø Færge -2003 | -1,4 | 5,37 m | 2019 |
| Højdespring | Susanne Vedel, 63 | | 1,60 m | 1979 |
| 3-spring | Maria L. Jensen, 90 | | 9,88 m | 2006 |
| Stang | Klara Skriver Loessl -2002 | | 3,85 m | 2018 |
| Kugle | Amalie Pfeiffer Nissen-2001 (3 kg) Marianne Lose, 65 (4,0kg) | | 13,36 m 11,40 m | 2017 1981 |
| Diskos | Amalie Pfeiffer Nissen -2001 (1kg) | | 36,66m | 2017 |
| Spyd | Margaret Darkwa -2002 (500g) Maria L. Jensen, 90 (600g) | | 26,14 m 41,80 m | 2018 2006 |
| Hammer | Freja Koerstz Madsen -2002 (3kg) Rebecca Speigelhauer -2002 (4kg) | | 43,69 m 38,62 m | 2018 2018 |
| Vægtkast | Mette Marie Jensen -2001 (7,26kg) | | 11,48 m | 2017 |
| Kaste-3kamp | Annette Brenaa, 65 | | 1249 p | 1981 |
| Kaste-4kamp | Maria L. Jensen, 90 19,50m-9,42m-28,97m-40,26m | | 2497p | 2006 |
| Kaste-5kamp | Amalie Pfeiffer Nissen -2001 28,37-14,48-33,40-9,06-32,05 | | 2673 p | 2017 |
| 7-kamp | Maria L. Jensen, 90 16,91s-1,34m-9,37m-27,88s 4,52m-39,61m-2.39,16m | | 4410 m | 2006 |
| 9-kamp | Susanne Vedel, 63 | | 5095 p | 1979 |

Piger 17 år

| | | | | |
|-------|--------------------|-----|---------|------|
| 100m | Filippa Roug -2005 | 1,2 | 12,61 s | 2022 |
| 200m | Filippa Roug -2005 | 0,6 | 26,43 s | 2021 |
| 300 m | Tessa Strand, 98 | | 44,42 s | 2015 |
| 400 m | Tessa Strand, 98 | | 62,90 s | 2015 |

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|----------------|---|-----|------------|------|
| 800 m | Regitze Slatanach, 72 | | 2,17,95 m | 1989 |
| 1000 m | Regitze Slatanach, 72 | | 3,01,71 m | 1989 |
| 1500 m | Camilla Jakobsen, 71 | | 4,43,8 m | 1988 |
| Mile | Karin T. Hansen, 65 | | 5,15,5 m | 1982 |
| 3000 m | Camilla Jakobsen, 71 | | 10,09,53 m | 1988 |
| 5000 m | Karin T. Hansen, 65 | | 17,45,6 m | 1982 |
| 10000 m | Karin T. Hansen, 65 | | 37,31,3 m | 1982 |
| Halv maratho | Katja Müllertz, 90 | | 1.31,55 t | 2007 |
| 100 m h 76,2cm | Ida Jespersen -2000 | 0,2 | 15,60s | 2017 |
| 200 m h | Tine Harlev, 82 | | 37,02 s | 1999 |
| 300 m h | Tine Harlev, 82 | | 54,2 s | 1999 |
| 400 m h | Freja K Madsen -2002 | | 1.13,54 m | 2019 |
| 4x100 m | Frederikke Weinreich Lundberg -2007 | | | |
| | Signe Kensø -2006 | | | |
| | Elise Sloth Martens - 2008 | | | |
| | Sarah Jansteen Eskesen -2007 | | 50,85 s | 2023 |
| 4x200 m | Pia Bech, 80- Christina Engmark, 80- Trine Sierslev, 79- Ida Harlev, 79 | | 1,53,2 m | 1996 |
| 1000 m stafet | Pia Bech, 80- Christina Engmark, 80- Ida Harlev, 79- Trine Sierslev, 79 | | 2,30,2 m | 1996 |
| 4x400 m | Nicoline Clement, 1999 Kamilla Kajbæk, 1999 Mathilde Riis, 1999 Tessa Strand, 1998 | | 4.43,21 m | 2015 |
| 4x800 m | Annette Otterdahl, 70- Regitze Slatanach, 72- Rikke Mogensen, 71- Jane Nielsen, 71 | | 10,00,8 m | 1987 |
| Længdespring | Nanna Grubert -2004 | 0,0 | 5,45 m | 2021 |
| Højdespring | Susanne Vedel, 63 Birgitte Vedel, 69 | | 1,60 m | 1980 |
| stangspring | Rebecca Speigelhauer -2002 | | 3,25 m | 2019 |
| 3-spring | Ida Harlev, 79 Ida Harlev, 79 | | 10,11m w | 1996 |
| Kugle | Amalie Pfeiffer Nissen -2001 (3kg) Marianne Lose, 65 (4,0kg) | | 12,54 m | 2018 |
| Diskos | Amalie Pfeiffer Nissen -2001 (1,0kg) | | 11,92 m | 1982 |
| Spyd | Maria L. Jensen, 90 (600g) | | 35,83 m | 2018 |
| vægtkast | Rebecca Speigelhauer -2002 (7,26 kg) Rikke Poulsen, 88 (9,04kg) | | 47,16 m | 2007 |
| | | | 12,44 m | 2019 |
| | | | 7,80 m | 2005 |

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|-------------|---|--|---------|------|
| Hammer | Rebecca Speigelhauer -2002 (3kg) | | 49,12 m | 2019 |
| | Rebecca Speigelhauer -2002 (4kg) | | 41,72 m | 2019 |
| Kaste-3kamp | Tine Tofteng, 66 | | 1513 p | 1983 |
| Kaste-5kamp | Rebecca Speigelhauer -2002 | | 2805 p | 2019 |
| | Ha (3kg)-ku (3kg)-Di (1kg)-væ(7.26kg)-Sp (500g) | | | |
| | 46,92-11,36-20,09-25,98-1244 | | | |
| 7-kamp | Susanne Vedel, 63 | | 3784 p | 1980 |

Piger 18 år

| | | | | |
|--------------|------------------------------------|------|------------|------|
| 100 m | Maria L. Jensen, 90 | 1,2 | 12,98 s | 2008 |
| 200 m | Filippa Maja Roug -2005 | 0,7 | 25,99 s | 2023 |
| 400 m | Trine Sierslev,79 | | 60,23 s | 1996 |
| 800 m | Regitze Slatanach, 72 | | 2.18,5 m | 1990 |
| 1000 m | Regitze Slatanach, 72 | | 3.00,20 m | 1990 |
| 1500 m | Regitze Slatanach, 72 | | 4.40,69 m | 1990 |
| Mile | Regitze Slatanach, 72 | | 5.16,9 m | 1990 |
| 2000 m | Karin T. Hansen, 65 | | 6.24,0 m | 1983 |
| 3000 m | Mia van Wagenen -1999 | | 10.06,58 m | 2017 |
| 5000m | Katja Müllertz, 90 | | 18.51,99 m | 2008 |
| 10000 m | Karin T. Hansen, 65 | | 37.36,8 m | 1983 |
| 2000m forh. | Katja Müllertz, 90 | | 8.26,27 m | 2008 |
| 3000m forh | Katja Müllertz, 90 | | 12.35,48 m | 2008 |
| 10 km L | Karin T. Hansen, 65 | | 36.19,6 m | 1983 |
| 15 km L | Camilla Jakobsen, 71 | | 60,23 m | 1989 |
| 100 m h | Ida Lønne Jespersen -2000 | 0,8 | 15,50 s | 2018 |
| | 84 cm, 13,00-8,00-12.00 | | | |
| 400 m h | Trine Sierslev,79 | | 71,4 s | 1997 |
| 4x100 m | Cecilie Gedsø Færge -2003 | | 50,76 s | 2018 |
| | Ida Jespersen -2000 | | | |
| | Caroline Vammen -2004 | | | |
| | Klara Skriver Loessl -2002 | | | |
| Længde | Nanna Grubert - 2004 | -1,7 | 5,63 m | 2022 |
| Trespring | Ida Lønne Jespersen -2000 | 0,3 | 1010 m | 2018 |
| stang | Ida Lønne Jespersen -2000 | | 3,50 m | 2018 |
| Højde | Susanne Vedel, 63 | | 1,58 m | 1981 |
| Kugle | Rebecca Spigelhauer -2002 (4kg) | | 11,19 m | 2020 |
| Diskos | Birgitte Vedel, 69 (1,0kg) | | 33,08 m | 1987 |
| Spyd | Maria L. Jensen, 90 | | 49,09 m | 2008 |
| Hammer | Rebecca Spigelhauer -2002 (4,0kg) | | 40,39 m | 2020 |
| vægt | Rebecca Spigelhauer -2002 (7,26kg) | | 13,17 m | 2020 |
| Kaste-3kamp | Henriette Weywadt, 69 | | 1756 p | 1987 |
| Kaste- 5kamp | Rebecca Spigelhauer -2002 | | 2672 p | 2020 |
| | Ha(4)-ku(4)-di(1)-væ(7,26)-sp(600) | | | |

36,08-10,60-21,89-13,17-30,07

Piger 19 år

| | | | | |
|---------|-----------------------------|-----|-----------|------|
| 100 m | Pia Christensen, 64 | | 13,2 s | 1985 |
| 200 m | Trine Sierslev, 79 | | 27,5 s | 1998 |
| 400 m | Trine Sierslev, 79 | | 67,2 s | 1998 |
| 800 m | Trine Sierslev, 79 | | 2,20,62 m | 1998 |
| 1000 m | Trine Sierslev, 79 | | 3,01,31 m | 1998 |
| 1500 m | Karin T. Hansen, 65 | | 4,41,8 m | 1984 |
| 2000 m | Karin T. Hansen, 65 | | 6,16,7 m | 1984 |
| 3000 m | Karin T. Hansen, 65 | | 9,56,2 m | 1984 |
| 5000 m | Karin T. Hansen, 65 | | 17,14,3 m | 1984 |
| 10000 m | Karin T. Hansen, 65 | | 35,39,2 m | 1984 |
| 10 km L | Karin T. Hansen, 65 | | 36,34 m | 1984 |
| 100 m h | Ida Jespersen -2000 | 0,0 | 15,40 s | 2019 |
| 400 m h | Ida Jespersen -2000 | | 1.10,02m | 2019 |
| 4X400m | Filippa Roug 2005 | | 4.21,79 m | 2019 |
| | Caroline R-Jessen -2002 | | | |
| | Ida Jespersen -2000 | | | |
| | Lune Christensen -2005 | | | |
| Længde | Maria L. Jensen, 90 | | 5,01 m | 2009 |
| Højde | Susanne Vedel, 63 | | 1,55 m | 1982 |
| stang | Ida Jespersen -2000 | | 3,65m | 2019 |
| Kugle | Marianne Lose, 65 (4,0kg) | | 11,25 m | 1984 |
| Diskos | Maria L. Jensen, 90 (1,0kg) | | 35,35 m | 2009 |
| Spyd | Birgitte Vedel, 69 (600g) | | 30,90 m | 1988 |
| Hammer | Belinda Lauesen, 89 (4kg) | | 32,99 m | 2008 |

Junior piger -19 år

| | | | | |
|-------------|------------------------------|-----|------------|------|
| 100 m | Klara SkriverLoessl, 2002 | 2,0 | 12,24 s | 2018 |
| 200m | Sarah Jansteen Eskesen -2007 | 1,9 | 26,03 s | 2021 |
| 300 m | Cecilie Gedsø Færge, 2003 | | 42,69 s | 2017 |
| 400 m | Majken Lützen, 2003 | | 58,63 s | 2019 |
| 800 m | Majken Lützen -2003 | | 2.12,72 m | 2019 |
| 1000 m | Regitze Slatanach, 72 | | 3,00,20 m | 1990 |
| 1500 m | Regitze Slatanach, 72 | | 4,40,,9 m | 1990 |
| Mile | Karin T. Hansen, 65 | | 5,15,5 m | 1982 |
| 2000 m | Karin T. Hansen, 65 | | 6,16,7 m | 1984 |
| 3000 m | Karin T. Hanse., 65 | | 9,56,2 m | 1984 |
| 5000 m | Karin T. Hansen, 65 | | 17,14,3 m | 1984 |
| 10000 m | Karin T. Hansen, 65 | | 35,39,2 m | 1984 |
| 3000m forh. | Cecilie H Christensen, 92 | | 12.25,91 m | 2008 |
| 10 km L | Karin T. Hansen, 65 | | 36,19,6 m | 1983 |

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|----------------|----------------------------------|------|------------|------|
| 15 km L | Camilla Jakobsen, 71 | | 60,23 m | 1989 |
| Halv marathons | Katja Müllertz, 90 | | 1,31,55m | 2007 |
| 100m H | Klara SkriverLoessl, 2002 | -0,3 | 14,71s | 2018 |
| | 84 cm, 13,00-8,00-12.00 | | | |
| 400 m h | Ida Jespersen -2000 | | 1.10,02m | 2019 |
| 3000m kapgang | Rebecca H. Nielsen, 2000 | | 18.11,06 m | 2016 |
| 5000m kapgang | Rebecca H. Nielsen, 2000 | | 31.14,2 m | 2016 |
| 4x100 m | Sarah Engsig-Karup 2006 | | 49,68 s | 2023 |
| | Filippa Maja Roug -2005 | | | |
| | Nanna Bak Grubert -2004 | | | |
| | Ashley Gnanogoh 2005 | | | |
| 4x200 m | Pia Bech, 80- | | 1,53,2 m | 1996 |
| | Christina Engmark, 80- | | | |
| | Trine Sierslev, 79- | | | |
| | Ida Harlev, 79 | | | |
| 1000 m stafet | Pia Bech, 80- | | 2,30,2 m | 1996 |
| | Christina Engmark, 80- | | | |
| | Ida Harlev,79- | | | |
| | Trine Sierslev, 79 | | | |
| 4x400 m | Camilla Jakobsen, 71- | | 4,18,6 m | 1987 |
| | Regitze Slatanach, 72 | | | |
| | Rikke Mogensen, 71- | | | |
| | Jane Nielsen, 71 | | | |
| 4x800 m | Annette Otterdahl, 70- | | 10,00,8 m | 1987 |
| | Regitze Slatanach, 72- | | | |
| | Rikke Mogensen, 71- | | | |
| | Jane Nielsen, 71 | | | |
| 4x1500 m | Annette Otterdahl, 70- | | 20,01,6 m | 1986 |
| | Camilla Jakobsen, 71- | | | |
| | Rikke Mogensen, 71- | | | |
| | Jane Nielsen, 71 | | | |
| Længde | Caroline Vammen -2004 | 0,8 | 5,59 m | 2018 |
| Højde | Caroline Vammen -2004 | | 1,65 m | 2018 |
| | Birgitte Vedel, 69 | | 1,60 m | 1986 |
| 3spring | Caroline Vammen -2004 | 1,1 | 11,45m | 2018 |
| Stang | Klara Skriver Loessl -2002 | | 3,85 m | 2018 |
| Kugle | Marianne Lose, 65 (4,0kg) | | 11,92 m | 1982 |
| Diskos | Maria L. Jensen, 90 (1,0kg) | | 36,88 m | 2010 |
| Spyd | Maria L. Jensen, 90 (600g) | | 49,99 m | 2009 |
| Vægtkast | Maria L. Jensen, 90 (9,072kg) | | 10,89 m | 2009 |
| Hammer | Rebecca Speigelhauer -2002 (4kg) | | 41,72 m | 2019 |
| Kaste-3kamp | Marianne Lose, 65 | | 1805 p | 1980 |
| Kaste 4- kamp | Annika Hedelund Nielsen -2008 | | 2824 p | 2023 |
| | 33,11-8,60-23,08-17,50 | | | |

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|-------------|------------------------------|--------|------|
| Kaste-5kamp | Maria L. Jensen, 90 | 3353 p | 2010 |
| | 37,06-10,27-36,88-10,56-3959 | | |
| 7-kamp | Maria L. Jensen, 90 | 4410 m | 2006 |
| | 16,91s-1,34m-9,37m-27,88s | | |
| | 4,52m-39,61m-2.39,16m | | |
| 9-kamp | Tina Nilsson, 61 | 3385 p | 1979 |

Ungsenior kvinder -22 år

| | | | | |
|---------------|----------------------------|------|------------|------|
| 100 m | Klara Skriver Loessl, 2002 | 2,0 | 12,29 s | 2018 |
| 200m | Filippa Maja Roug -2005 | 0,7 | 25,99 s | 2023 |
| 300 m | Cecilie Gedsø Færge, 2003 | | 42,69 s | 2017 |
| 400 m | Majken Lützen, 2003 | | 58,63 s | 2019 |
| 800 m | Majken Lützen -2003 | | 2.12,72 m | 2019 |
| 1000 m | Regitze Slatanach, 72 | | 3.00,20 m | 1990 |
| 1500 m | Trine Sierslev, 79 | | 3.38,89 m | 2001 |
| Mile | Karin T. Hansen, 65 | | 1.15,5 m | 1982 |
| 2000 m | Karin T. Hansen, 65 | | 6.16,7 m | 1984 |
| 3000 m | Karin T. Hansen, 65 | | 9.56,2 m | 2008 |
| 5000 m | Karin T. Hansen, 65 | | 17.14,3 m | 1984 |
| 10000 m | Karin T. Hansen, 65 | | 35.39,2 m | 1984 |
| 3000m forh. | Cecilie H Christensen, 92 | | 12.25,91 m | 2008 |
| 10 km L | Karin T. Hansen, 65 | | 36.19,6 m | 1983 |
| 15 km L | Camilla Jakobsen, 71 | | 60,23 m | 1989 |
| Halv Marathon | Katja Müllertz, 90 | | 1.31,55m | 2007 |
| 100 m h 84 cm | Klara SkriverLoessl, 2002 | -0,3 | 14,71s s | 2018 |
| | 84 cm, 13,00-8,00-12.00 | | | |
| 200 m h | Maria L. Jensen, 90 | | 33,89 s | 2006 |
| 400 m h | Ida Jespersen -2000 | | 1.10,02m | 2019 |
| 3000m kapgang | Rebecca H. Nielsen, 2000 | | 18.11,06 m | 2016 |
| 5000m kapgang | Rebecca H. Nielsen, 2000 | | 31.14,2 m | 2016 |
| 5 km landevej | Rebecca H. Nielsen, 2000 | | 32,47 m | 2014 |
| 20 km Kapgang | Helle Jensen -1967 | | 2.30,54 t | 2021 |
| 4x100 m | Sarah Engsig-Karup 2006 | | 49,68 s | 2023 |
| | Filippa Maja Roug -2005 | | | |
| | Nanna Bak Grubert -2004 | | | |
| | Ashley Gnanogoh 2005 | | | |
| 4x200 m | Pia Bech, 80- | | 1.53,2 m | 1996 |
| | Christina Engmark, 80- | | | |
| | Trine Sierslev, 79- | | | |
| | Ida Harlev, 79 | | | |
| 4x400 m | Camilla Jakobsen, 71- | | 4.18,6 m | 1987 |
| | Regitze Slatanach, 72- | | | |
| | Rikke Mogensen, 71- | | | |

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|---------------|---|-----|-----------|------|
| 4x800 m | Jane Nielsen, 71 Annette Otterdahl, 70- Regitze Slatanach, 72- Rikke Mogensen, 71- Jane Nielsen, 71 | | 10.00,8 m | 1987 |
| 4x1500 m | Annette Otterdahl, 70- Camilla Jakobsen, 71 Rikke Mogensen, 71- Jane Nielsen, 71 | | 20.01,6 m | 1986 |
| 1000 m stafet | Pia Bech, 80- Christina Engmark, 80- Ida Harlev, 79- Trine Sierslev, 79 | | 2.30,2 m | 1996 |
| Længde | Caroline Vammen -2004 | 0,8 | 5,59 m | 2018 |
| Højde | Caroline Vammen -2004 | | 1,65 m | 2018 |
| | Birgitte Vedel, 67 | | 1,60 m | 1986 |
| 3-spring | Caroline Vammen -2004 | 1,1 | 11,45m | 2018 |
| Stang | Caroline Ranners, 95 | | 3,90 m | 2017 |
| Kugle | Marianne Lose, 65 (4,0kg) | | 11,92 m | 1982 |
| Diskos | Maria L. Jensen, 90 (1,0kg) | | 35,35 m | 2009 |
| Spyd | Maria L. Jensen, 90 (600g) | | 49,99 m | 2009 |
| Vægtkast | Rebecca Spigelhauer (9,072kg) | | 12,45 m | 2023 |
| Hammer | Rebecca Speigelhauer -2002 (4kg) | | 41,72 m | 2019 |
| Kaste-3kamp | Marian L. Jensen, 90 9,96-29,82-35,70 | | 2158 p | 2005 |
| Kaste 4- kamp | Annika Hedelund Nielsen -2008 33,11-8,60-23,08-17,50 | | 2824 p | 2023 |
| Kaste-5kamp | Maria L. Jensen, 90 37,06-10,27-36,88-10,56-3959 | | 3353 p | 2010 |
| 7-kamp | Maria L. Jensen, 90 17,44s-1,43m-9,89m-27,10s 5,03m-42,17m-2.40,31m | | 4778 m | 2007 |
| 9-kamp | Tina Nilsson, 61 | | 3385 p | 1979 |

Senior kvinder

| | | | | |
|--------|---------------------------|-----|-----------|------|
| 100 m | Klara S Loessl. -2002 | 2,0 | 12,29 s | 2018 |
| 200m | Filippa Maja Roug -2005 | 0,7 | 25,99 s | 2023 |
| 300 m | Cecilie Gedsø Færge, 2003 | | 42,69 s | 2017 |
| 400 m | Majken Lützen, 2003 | | 58,63 s | 2019 |
| 800 m | Majken Lützen -2003 | | 2.12,72 m | 2019 |
| 1000 m | Regitze Slatanach, 72 | | 3,00,20 m | 1990 |
| 1500 m | Trine Sierslev, 79 | | 3.38,89 m | 2001 |
| Mile | Karin T. Hansen, 65 | | 5,15,5 m | 1982 |

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|-----------------|-----------------------------|------|------------|------|
| 2000 m | Karin T. Hansen, 65 | | 6,16,7 m | 1984 |
| 3000 m | Karin T. Hansen, 65 | | 9,56,2 m | 1984 |
| 5000 m | Karin T. Hansen, 65 | | 17,14,3 m | 1984 |
| 10000 m | Karin T. Hansen, 65 | | 35,39,2 m | 1984 |
| 10 km L | Karin T. Hansen, 65 | | 36,19,6 m | 1983 |
| 15 km L | Camilla Jakobsen, 71 | | 60,23 m | 1989 |
| 20 km L | Marianne Mikkelsen | | 1.35,1 5t | 1981 |
| Halv maratho | Cecilie H Christensen -1992 | | 1.27,45 m | 2018 |
| Marathon | Cecilie H Christensen -1992 | | 3.15,6 t | 1981 |
| 3000m forh. | Trine Sierslev, 79 | | 12.18,62 m | 2004 |
| 3000m kapgang | Rebecca H. Nielsen, 2000 | | 18.11,06 m | 2016 |
| 5000m kapgang | Rebecca H. Nielsen, 2000 | | 31.14,2 m | 2016 |
| 5 km kapgang L | Rebecca H. Nielsen, 2000 | | 32,47 m | 2014 |
| 10 km kapgang L | Helle Jensen -1963 | | 1.10,28 t | 2020 |
| 20 km kapgang L | Helle Jensen -1963 | | 2.32,50 t | 2020 |
| 100m H | Klara SkriverLoessl, 2002 | -0,3 | 15,07s s | 2018 |
| | 84 cm, 13,00-8,00-12.00 | | | |
| 200 m h | Maria L. Jensen, 90 | | 33,89 s | 2006 |
| 400 m h | Trine Sierslev,79 | | 71,4 s | 1996 |
| 4x100 m | Sarah Engsig-Karup 2006 | | 49,68 s | 2023 |
| | Filippa Maja Roug -2005 | | | |
| | Nanna Bak Grubert -2004 | | | |
| | Ashley Gnanogoh 2005 | | | |
| 4x200 m | Pia Bech, 80- | | | |
| | Christina Engmark, 80- | | | |
| | Trine Sierslev, 79- | | | |
| | Ida Harlev, 79 | | 1,53,2 m | 1996 |
| 4x400 m | Camilla Jakobsen, 71- | | | |
| | Regitze Slatanach, 72- | | | |
| | Rikke Mogensen, 71- | | | |
| | Jane Nielsen, 71 | | 4,18,6 m | 1987 |
| 4x800 m | Annette Otterdahl, 70- | | | |
| | Regitze Slatanach, 72- | | | |
| | Rikke Mogensen, 71- | | | |
| | Jane Nielsen, 71 | | 10,00,8 m | 1987 |
| 4x1500 m | Annette Otterdahl, 70- | | | |
| | Camilla Jakobsen, 71- | | | |
| | Rikke Mogensen, 71- | | | |
| | Jane Nielsen, 71 | | 20,01,6 m | 1986 |
| 1000 m stafet | Pia Bech, 80- | | | |
| | Christina Engmark, 80- | | | |
| | Ida Harlev, 79- | | | |
| | Trine Sierslev, 79 | | 2,30,2 m | 1996 |
| Længde | Caroline Vammen -2004 | 0,8 | 5,59 m | 2018 |

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|-------------|---|-----|---------|------|
| Højde | Caroline Vammen -2004 | | 1,65 m | 2018 |
| 3-spring | Caroline Vammen -2004 | 1,1 | 11,45m | 2018 |
| Stang | Caroline Ranners, 95 | | 3,90 m | 2017 |
| Kugle | Marianne Lose, 65 (4,0kg) | | 11,92 m | 1982 |
| Diskos | Maria L. Jensen, 90 (1,0kg) | | 35,35 m | 2009 |
| Spyd | Maria L. Jensen, 90 (600g) | | 49,99 m | 2009 |
| Vægtkast | Rebecca Speigelhauer -2002 (4kg) | | 45,67 m | 2023 |
| Hammer | Rebecca Speigelhauer -2002 (4kg) | | 45,67 m | 2023 |
| Kaste-3kamp | Marianne Lose, 65 | | 1805 p | 1980 |
| Kaste-4kamp | Maria L. Jensen, 90 33,75-9,92-29,19-46,21 | | 2589 p | 2009 |
| Kaste-5kamp | Maria L. Jensen, 90 37,06-10,27-36,88-10,56-3959 | | 3353 p | 2010 |
| 7-kamp | Maria L. Jensen, 90 16,91s-1,34m-9,37m-27,88s 4,52m-39,61m-2.39,16m | | 4410 m | 2006 |
| 9-kamp | Tina Nilsson, 61 | | 3385 p | 1979 |